# AL HA'EITZ: FIGURING VOLUME

# Al Ha'Eitz: Figuring Volume: Eating Special and Non-Special Fruits Sequentially

You may not eat non-special fruits sequentially with or even interspersed with the *Five Special Fruits* in order to make the minimum volume for saying the after-blessing of *al ha'eitz*.

SITUATION You ate a date and then ate the remainder of 1.3 fl. oz. (39 ml, or 1/6 cup) of cherries. WHAT TO DO Say:

- Fore-blessing of *borei pri ha'eitz* over the date (and cherries).
- After-blessing of *borei nefashot* on all the fruits.

### Al Ha'Eitz: Figuring Volume: Eating Special and Non-Special Fruits As a Unit

The volume of special and non-special fruits DO combine for the after-blessing if:

- They are considered to be one food, AND
- The main component is the Special Fruit.

SITUATION You eat at least 1.3 fl. oz. (39 ml, or 1/6 cup) within four minutes of dates stuffed with almonds.

#### WHAT TO DO

Say the after-blessing of <u>al ha'eitz</u> over both types of fruits.

# Al Ha'Eitz: Figuring Volume: Eating Special Fruits Mixed with Other Foods

- SITUATIONYou say borei pri ha'eitzand eat a few olives, but less than 1.3 fl. oz. Then, you say borei pri<br/>ha'adamaha'adamaand eat lettuce mixed with enough olives to constitute the minimum volume when<br/>combined with the first olives. You eat them all within four minutes. It is time to say the after-<br/>blessing.
- WHAT TO DO You may not combine all the olives in order to say the after-blessing of <u>al ha'eitz</u> unless the olives remain distinct from the lettuce and you continue to eat them separately. Say <u>borei</u> <u>nefashot</u> after finishing eating as long as the total food eaten was at least 1.3 fl. oz.

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