

# EATING BEFORE HAVDALA

## Eating/Drinking before Havdala

You should not eat or drink from sunset (or from the time you finish se'uda shlishit) until after havdala, but drinking water during that time period is not forbidden by halacha.

## Birkat HaMazon Additions for Shabbat and Rosh Chodesh Saturday Night

**SITUATION** Rosh Chodesh begins on Saturday night. You started se'uda shlishit and continued to eat-- including eating at least 1.3 fl. oz. (39 ml, or 1/6 cup) of bread after dark. It is time for birkat ha'mazon.

**WHAT TO DO** Say birkat ha'mazon additions for Shabbat (shir ha'ma'alot, retzei, migdol yeshuot) AND any others for the next day (such as ya'aleh v'yavo for Rosh Chodesh).

**NOTE** If you did not eat at least 1.3 fl. oz. (39 ml, or 1/6 cup) of bread after dark, only say the birkat ha'mazon additions for Shabbat.

## Forgetting Ata Chonantanu

If you forgot to say ata chonantanu after Shabbat (or Jewish festivals), you do not need to repeat the amida. But, if you then ate food before saying havdala, you must repeat the amida including ata chonantanu.