EATING BEFORE KIDDUSH

Eating a Full Meal before Jewish Festival

See Appetite for Jewish Festival Dinner.

Eating from Start of Jewish Festival until Kiddush

Once the <u>Jewish festival</u> begins for you—either at sunset or before (such as if you lit <u>Jewish festival</u> candles)--you may not eat or drink before hearing <u>kiddush</u>. Women and girls may make <u>kiddush</u> soon after lighting candles.

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