

# FORE-BLESSING (BRACHA RISHONA): IDENTIFIABLE PRODUCE

## Which Fore-Blessing (Bracha Rishona) on Identifiable Produce

Say borei pri ha'eitz or borei pri ha'adama for foods made of identifiable pieces of fruit or vegetables.

**NOTE** Even if you know the ingredients in a prepared food--such as grated apples--you must see identifiable pieces in order to say a specific blessing (borei pri ha'eitz, borei pri ha'adama...). If no ingredients are visually identifiable, you must say *she'hakol* (or possibly borei minei mezonot).

**EXAMPLE** Say borei pri ha'adama on a potato kugel with coarsely ground potatoes; if the potatoes are pulverized, say *she'hakol*.