

FORE-BLESSING (BRACHA RISHONA): IDENTIFIABLE PRODUCE

Which Fore-Blessing (Bracha Rishona) on Identifiable Produce

Say borei pri ha'eitz or borei pri ha'adama for foods made of identifiable pieces of fruit or vegetables.

NOTE Even if you know the ingredients in a prepared food--such as grated apples--you must see identifiable pieces in order to say a specific blessing (borei pri ha'eitz, borei pri ha'adama...). If no ingredients are visually identifiable, you must say she'hakol (or possibly borei minei mezonot).

EXAMPLE Say borei pri ha'adama on a potato kugel with coarsely ground potatoes; if the potatoes are pulverized, say she'hakol.