## **Talit Gadol: Humility**

When a person speaks directly to God, it is very important to demonstrate humility. Since the *Talmud* says that covering one's head is a form of humility (and that learned Jews/*talmidei* <u>chachamim</u> used to cover their heads), men who wear a <u>talit</u> for prayer should ideally use it to cover their heads whenever they wear it, but the minimum is during the <u>anida</u>.

© Copyright 2025 Richard B. Aiken | www.practicalhalacha.com