After-Blessings If Snack, then New Meal

If you said a fore-blessing and ate a snack, but then decided to eat bread and a full meal:

- If your meal will not contain any foods that have the same after-blessing as your snack--
 - Say the snack's after-blessing, and then
 - Wash your hands and say ha'motzi.
- If your meal will contain foods with the same fore-blessing as your snack (even the same food as your snack)—
 - Do not say the snack's after-blessing.
 - Wash your hands and say ha'motzi.

Wash and say <u>ha'motzi</u> if you will be eating any amount of bread--even less than 1.3 fl. oz. (39 ml, or 1/6 cup) within four minutes and even if it will take you more than four minutes to eat it (in which case, although you say <u>ha'motzi</u>, you do not say any after-blessing, including *birkat ha'mazon*).

NOTE Say <u>al netilat yadayim</u> only if you intend to eat at least 1.9 fl. oz. (59 ml) within four minutes.

EXCEPTION If you have eaten *mezonot* (and even if you will not eat any more *mezonot* with your meal), do not say *al ha'michya*. Just wash your hands, say *ha'motz*i, and eat your meal.

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