## **Birkat HaMazon: If You Planned To Eat Minimum Amount of Bread and Did**

Regardless of how much bread you plan to eat, if you eat at least 1.3 fl. oz. (39 ml, or 1/6 cup) within four minutes, say *birkat ha'mazon*.

© Copyright 2025 Richard B. Aiken | www.practicalhalacha.com