

Which Produce Is Spicy/Charif

Spicy/charif fruits and vegetables include:

- (Sour) Apples
- Chives
- Garlic
- (Tart) Grapefruits
- Horseradish
- Lemons
- Limes
- Mustard (fresh or prepared)
- Onions
- (Sour) Pineapples
- Radishes
- Scallions.

Judge the tartness of food by a sour apple: if the food you are judging is less tart, it is not spicy/charif.

NOTE Dried chives, onions, and garlic might be spicy/charif, depending on the individual product.