

## Maror: How Much To Eat

The minimum amount to fulfill the mitzva of eating maror at seder is 0.65 fl. oz. (19 ml), or about the volume of 1/3 of an egg.

**NOTE** If you choose to use romaine instead of horseradish for maror, the minimum amount is about 2-3 stems (depending on their size), or enough leaves if crushed to make up 0.65 fl. oz.

**NOTE** It is even better to eat at least 1.3 fl. oz. (39 ml, or 1/6 cup).