## Rosh Hashana: Symbolic Foods (Simanim): Which Foods

Eating the special symbolic foods (*simanim*) on <u>Rosh Hashana</u> evening is a universally accepted custom. These may include:

Apple Dipped in Honey

Beets

Black-eyed Peas

Carrots

Dates

Fish Head

Leeks

Pomegranate

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