Al HaMichya: Doubt If 72 Minutes Have Passed

SITUATION You ate some *mezonot*. It might be more than 72 minutes since you finished eating but

you are not certain.

WHAT TO DO Doubt about a blessing (safek bracha) does not get a blessing.

NOTE You may not eat one of the *Five Special Fruits* in order to say the after-blessing of *al*

<u>ha'eitz</u> and include <u>al ha'michya</u>. You could eat fruit and say the <u>al ha'eitz</u> blessing, but you may not include <u>mezonot</u> food in the blessing by adding <u>al ha'michya</u>.

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