Kashrut: Dairy/Meat: Waiting between Eating: Neutral/Pareve D or DE after Meat

If you can definitively ascertain that a food is or is not <u>dairy</u> from the ingredient list, you may rely on it.

However, many food additives or ingredients that are <u>dairy</u> do not contain the word "<u>milk</u>" or "<u>dairy</u>" (for example, <u>dairy</u>-based flavorings or <u>dairy</u> derivatives such as whey or casein/sodium caseinate).

SITUATION Neutral/pareve food marked "D" or "DE" ("dairy equipment") has no dairy

ingredients (or the dairy ingredients constitute less than 1/60 of the food's volume.)

NOTE This does not get measured by weight.

WHAT TO DO You may eat the food:

• Immediately after eating meat foods, but

• Not together with the meat food.

SITUATION Genuine <u>dairy</u> constitutes more than 1/60th of the volume of the processed food.

WHAT TO DO You may not eat the food with, or immediately after, the meat food.

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