What To Skip To Catch Up in Shacharit

If you arrive late for a *shacharit minyan*, or if you are lagging behind the leader, you may skip all of *psukei d'zimra* to catch up-except for:

- Baruch she'amar,
- Ashrei, and
- Yishtabach.

You may also not skip any parts from yishtabach to the amida.

NOTE After you have said the *amida*, you do not need to return to say the rest of *psukei d'zimra*.

NOTE This should not be done routinely. It is better to pray alone or to say the *amida* along with the leader during the reader's repetition of the *amida* in order to allow yourself time to say the *psukei d'zimra*.

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