

# When To Pause or Join Minyan: Regular Shacharit

## Shema

When the minyan reaches the shema in shacharit:

- If you are between bar'chu and end of amida, simply:
  - Cover your eyes like everyone else, but don't say the shema line.
- If you are anywhere else:
  - Pause and, with everyone else, say the first two lines of the shema (Shema, Yisrael... and Baruch shem...), and then
  - Resume where you were.

**REASON** You may not interrupt your prayer between bar'chu and end of amida.

## Amida

**SITUATION** You are saying your amida in a minyan and it is close to the end of the fourth hour of the day.

**WHAT TO DO** Do not pause, even if the leader says kaddish or kedusha, if doing so will delay you past the fourth hour.