

Shabbat: Flossing

You may floss your teeth on Shabbat as long as your gums do not bleed.

NOTE You may not cut the floss on Shabbat, so it is best to cut it before sunset. Even if you did not cut the floss ahead of time, you can still pull out a length of floss and clean your teeth, but be careful not to cut it off when you are finished.