

# How To Wash Hands the One-Time Method

To wash hands the One-Time Method:

- Fill the washing cup with at least 3.3 fl. oz. (99 ml) of water.
- Pour enough water (may be as little as 1.3 fl. oz.--39 ml, or 1/6 cup) from the washing cup to completely cover your entire first hand (either hand may be first but it is proper to wash your right hand first).
- Pour enough water to completely cover the second hand.

**NOTE** You do not need to pour any more than that or to break up the revi'it into two pours.