CHAZAKA/THREE TIMES

Any action that is done three times consecutively is assumed to be a promise (*neder*)/permanent habit unless you determine ahead of time that it should not be (you do not need to say so out loud, just think it).

NOTE The principle that doing something three times is considered a *neder* only applies to a good custom ("*minhag.tov*") or to a *mitzya*.

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