Volume/Solid

K'Zayit

K'zayit is variously defined as being the volume of 1/3, $\frac{1}{2}$, or 1 whole egg; 0.6 - 1.9 fl. oz. (18-56 ml), depending on the application.

- NOTE For d'*oraita* requirements such as *seder*, we are stringent (*machmir*) and use the larger amount of 1.9 fl. oz. (56 ml). For d'*rabanan* rules, we are more lenient and use only 1.3 fl. oz. (39 ml, or 1/6 cup).
 - K'zayit for Seder Matza and Afikoman: 1.9 fl. oz. (56 ml) of matza.
 - *K'zayit* for *Bracha Achrona* and *Birkat HaMazon*: 1.3 fl. oz. (39 ml, or 1/6 cup) of solid food.

Beitza, K'Beitza

- Beitza, K'Beitza = 1.9 fl. oz. (56 ml); an egg size by definition.
- NOTE For an *etrog*, which must be at least 1 egg volume, today we use a minimum of 2 egg volumes.

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