

# Introduction to Shalom Bayit

Shalom bayit is a family at peace, as one unit. When leniencies in law are used to avoid intrafamily conflicts, customs and *d'rabanan halachot* can sometimes be overridden. But *d'oraita halachot* may not be violated. Consult a rabbi.

## SITUATION

You want to go to minyan but your wife is overwhelmed with trying to feed several children and she asks you to help.

## WHAT TO DO

You must miss minyan and help her since your wife's needs take precedence over your wish to pray with a minyan.

**NOTE** With shalom bayit problems between spouses, a rabbi should be consulted for details.

**NOTE** Once someone is married, his or her in-laws are part of his or her family and are included in shalom bayit rules.