## Adopting Customs (Minhag) If You Are Newly Observant (Ba'al Teshuva)

A newly observant Jew (*ba'al teshuva*) may:

- Follow the customs of the person who teaches him to be religious, or
- Follow the dominant custom in the community, or
- Revert to the customs of his ancestors, if their customs are known.

© Copyright 2025 Richard B. Aiken | www.practicalhalacha.com