## **Attire: Married Women: Hair-Covering Guidelines**

Married women should cover their hair when they leave their "*chatzeir*," which may mean house, yard, or domain. Married women should not appear in public without covering their hair.

- NOTE It is an act of piety for married women to always cover their hair. (For extenuating circumstances, consult a *rabbi* for exceptions).
- NOTE A married woman may have her hair exposed as long as its area is less than 1 square *tefach* (3.5" x 3.5", or about 9 cm x 9 cm). To measure this, add up all exposed hair to get a total area, flattened to two dimensions, as if it were a silhouette. It is an act of piety for married women to completely cover their hair.

To measure braided or bunched-up hair or hair in a pony tail, simply measure the crosssectional area *as it is.* You do not need to measure the hair as if it were spread out flat. When wearing a baseball-type hat, hair may be exposed on all sides, as long as the total exposed hair is less than 3.5" X 3.5."

To wear a "*kipa sheitl*," you may wrap your real hair around the *sheitl*, but only up to a total of 3.5" x 3.5."

© Copyright 2025 Richard B. Aiken | www.practicalhalacha.com