## **Tzitzit: At Night or While Sleeping**

<u>Tzitzit</u> should be worn day and night but not during sleep. (The commandment is to wear <u>tzitzit</u> only during the day, but they still provide protection at night.)

NOTE Men (and boys) wear a <u>talit katan</u> even after dark but only on clothes which are primarily worn during the daytime), due to doubt as to whether *tzitzit* are required at night.

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