HOW TO PRAY: ACTIONS: BOWING: DIRECTION

When To Bow toward Jerusalem

Normally, when saying the anida, or bowing at any other prayers such as kaddish, alenu, and bar'chu:

- If you are in a room with an ark (<u>aron kodesh</u>), face the ark—even if the ark is NOT in the same direction as Jerusalem.
- If you are not in a room with an ark, face Jerusalem during the <u>amida</u>. You do not need to face Jerusalem when bowing at any other times except during the <u>amida</u>.

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