JEWISH FESTIVALS: DAY: PRAYERS

JEWISH FESTIVALS: SHACHARIT: EATING

JEWISH FESTIVALS: SHACHARIT: EATING BEFORE

Eating before Making Jewish Festival Kiddush

As on *Shabbat*, you may eat non-*mezonot* and non-bread food before praying *Jewish festival shacharit* and without making *kiddush*, in order to avoid hunger or hypoglycemia (low blood sugar).

Women and Minimum Prayer before Jewish Festival Kiddush

The minimum prayer that a woman should say on <u>Jewish festival</u> (or <u>Shabbat</u>) morning before saying *kiddush* and eating some food is *birchot ha'shachar*.

Eating before Jewish Festival Midday

As on Shabbat, don't fast on Jewish festivals (except Yom Kippur!) past halachic midday.

- If you will not finish *shacharit* before *halachic midday*, you should eat or drink earlier in the day, even before you begin *shacharit*—water can be sufficient for this purpose.
- If you will finish shacharit, but not musaf, by halachic midday:
 - Finish shacharit,
 - Make kiddush,
 - Eat some mezonot, and then
 - Return to say musaf.

JEWISH FESTIVALS: SHACHARIT: EATING AFTER

Eating Only after Jewish Festival Kiddush

As on *Shabbat*, once you have said the *amida* of *Jewish festival shacharit*, you may not eat any food until you have said (or heard) *kiddush* and finished *kiddush* requirements by either drinking 4 fl. oz. (119 ml) of wine/grape juice or eating at least 1.3 fl. oz. (39 ml, or 1/6 cup) of *mezonot* or bread.

JEWISH FESTIVAL DAY: YIZKOR

Jewish Festival Day: Reason for Yizkor

Yizkor on Yom Kippur serves as a type of elevation for the souls of dead people.

Jewish Festival Day: When To Say Yizkor

<u>Yizkor</u> is not required to be said at all, but it is the custom in most places. <u>Yizkor</u> is normally said on <u>Yom Kippur</u> (and the final day of *Passover*, the second day of <u>Shavuot</u> and on <u>Shmini Atzeret</u>), when many people attend the <u>synagogue</u> prayer services.

Yizkor may be said anytime you wish—even when it is not a Jewish festival--and does not require a minyan.

JEWISH FESTIVALS: MUSAF

JEWISH FESTIVALS: MUSAF: ADDITIONS FOR SACRIFICES

Jewish Festivals: Musaf: Additions for Sacrifices: Sukkot

In the *amida* of *musaf* for *Sukkot*, there is a different line added about the sacrifices for each day.

Jewish Festivals: Musaf: Additions for Sacrifices: Sukkot: Outside Eretz Yisrael

Since two days of <u>Jewish festival</u> are observed outside of <u>Eretz Yisrael</u>, read the lines for the sacrifice for both days that might have been the correct day.

EXCEPTION On second day of Sukkot, repeat the same lines said on the first day.

On the 4th day of <u>Sukkot</u> (the 2nd day of <u>chol ha'moed</u>), say the lines for the 3rd day and 4th day. On <u>Shimini Atzeret</u>, say only the lines for <u>Shmini Atzeret</u>.

Jewish Festivals: Musaf: Additions for Sacrifices: Sukkot: In Eretz Yisrael

In Eretz Yisrael, read only the line for the actual (correct) day.

NOTE After the lines about the sacrifices, say <u>u'minchatam v'niskeichem</u>. If you are outside of <u>Eretz</u> *Yisrael*, you will need to say <u>u'minchatam v'niskeichem</u> twice:

EXAMPLE

- Say the line for the prior day's sacrifices and then say *u'minchatam v'niskeichem*.
- Then say the line for the sacrifices for the day you are at and, again, say <u>u'minchatam</u> v'niskeichem.

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