# JEWISH FESTIVALS: DAY

**JEWISH FESTIVALS: DAY: PRAYERS** 

JEWISH FESTIVALS: SHACHARIT: EATING

## JEWISH FESTIVALS: SHACHARIT: EATING BEFORE

#### **Eating before Making Jewish Festival Kiddush**

As on <u>Shabbat</u>, you may eat non-<u>mezonot</u> and non-bread food before praying <u>Jewish festival shacharit</u> and without making <u>kiddush</u>, in order to avoid hunger or hypoglycemia (low blood sugar).

## Women and Minimum Prayer before Jewish Festival Kiddush

The minimum prayer that a woman should say on <u>Jewish festival</u> (or <u>Shabbat</u>) morning before saying *kiddush* and eating some food is *birchot ha'shachar*.

## **Eating before Jewish Festival Midday**

As on Shabbat, don't fast on Jewish festivals (except Yom Kippur!) past halachic midday.

- If you will not finish *shacharit* before *halachic midday*, you should eat or drink earlier in the day, even before you begin *shacharit*—water can be sufficient for this purpose.
- If you will finish shacharit, but not musaf, by halachic midday:
  - Finish shacharit,
  - Make kiddush,
  - Eat some mezonot, and then
  - Return to say musaf.

#### JEWISH FESTIVALS: SHACHARIT: EATING AFTER

## **Eating Only after Jewish Festival Kiddush**

As on *Shabbat*, once you have said the *amida* of *Jewish festival shacharit*, you may not eat any food until you have said (or heard) *kiddush* and finished *kiddush* requirements by either drinking 4 fl. oz. (119 ml) of wine/grape juice or eating at least 1.3 fl. oz. (39 ml, or 1/6 cup) of *mezonot* or bread.

## JEWISH FESTIVAL DAY: YIZKOR

## Jewish Festival Day: Reason for Yizkor

Yizkor on Yom Kippur serves as a type of elevation for the souls of dead people.

## Jewish Festival Day: When To Say Yizkor

<u>Yizkor</u> is not required to be said at all, but it is the custom in most places. <u>Yizkor</u> is normally said on <u>Yom</u> <u>Kippur</u> (and the final day of *Passover*, the second day of <u>Shavuot</u> and on <u>Shmini Atzeret</u>), when many people attend the <u>synagogue</u> prayer services.

Yizkor may be said anytime you wish—even when it is not a Jewish festival--and does not require a minyan.

# JEWISH FESTIVALS: MUSAF

## JEWISH FESTIVALS: MUSAF: ADDITIONS FOR SACRIFICES

Jewish Festivals: Musaf: Additions for Sacrifices: Sukkot

In the amida of musaf for Sukkot, there is a different line added about the sacrifices for each day.

#### Jewish Festivals: Musaf: Additions for Sacrifices: Sukkot: Outside Eretz Yisrael

Since two days of <u>Jewish festival</u> are observed outside of <u>Eretz Yisrael</u>, read the lines for the sacrifice for both days that might have been the correct day.

EXCEPTION On second day of *Sukkot*, repeat the same lines said on the first day.

On the 4th day of <u>Sukkot</u> (the 2nd day of <u>chol ha'moed</u>), say the lines for the 3rd day and 4th day. On <u>Shimini Atzeret</u>, say only the lines for <u>Shmini Atzeret</u>.

### Jewish Festivals: Musaf: Additions for Sacrifices: Sukkot: In Eretz Yisrael

In *Eretz Yisrael*, read only the line for the actual (correct) day.

NOTE After the lines about the sacrifices, say <u>u'minchatam v'niskeichem</u>. If you are outside of <u>Eretz</u> *Yisrael*, you will need to say <u>u'minchatam v'niskeichem</u> twice:

**EXAMPLE** 

- Say the line for the prior day's sacrifices and then say u'minchatam v'niskeichem.
- Then say the line for the sacrifices for the day you are at and, again, say <u>u'minchatam</u> v'niskeichem.

# JEWISH FESTIVAL LUNCH

## JEWISH FESTIVALS: DAYTIME KIDDUSH

#### Jewish Festivals: Daytime Kiddush

To fulfill the two requirements for *Jewish festival* daytime *kiddush*:

- 1. Say, or hear, at least #b and #c of these Jewish festival daytime kiddush blessings/segments:
  - a) Eileh mo'adei Adonai mikra'ei kodesh asher tikri'u otam b'mo'adam.

NOTE It is not a universal custom to say the above sentence.

b) Va'yidaber Moshe eht mo'adei Adonai el bnei yisrael.

NOTE It IS a universal custom to say the above sentence. AND

c) <u>Borei pri ha'gafen</u> (if on wine or grape juice), OR <u>She'hakol nihiyeh bi'dvaro</u> (if on other beverage/<u>chamar medina</u>).

NOTE For <u>Jewish festival</u> (or Saturday) lunch and <u>havdala</u>, you may use any beverage (<u>chamar medina</u>) commonly drunk for social purposes (not just for thirst) in the country in which you are saying <u>kiddush</u> (say the blessing <u>she'hakol</u> instead of <u>borei pri ha'gafen</u> where appropriate).

NOTE There is never any requirement on an indvidual to drink *kiddush* wine (except at the Passover *seder*), but the *kiddush* wine must be drunk by one or more persons.

2. Establish a halachic "meal" (kovei'a se'uda).

You must establish the *halachic* meal required for *kiddush* shortly after hearing <u>Jewish festival</u> morning *kiddush*. See How To Fulfill Eating <u>Jewish Festival</u> Second Meal.

NOTE If you make <u>Jewish festival</u> morning <u>kiddush</u> on any beverage except wine or grape juice, you must also eat <u>mezonot</u> or bread to establish the <u>kiddush</u> meal. If you do not want to eat bread or <u>mezonot</u>, only drinking 3.3 fl. oz. (99 ml) of wine or grape juice within 30 seconds will fulfill all of the requirements for <u>kiddush</u>. If you have not fulfilled the requirements for <u>kiddush</u>, you may not eat other foods, such as fruit or fish at a <u>kiddush</u>.

# **JEWISH FESTIVALS: SECOND MEAL**

You must eat a second meal on <u>Jewish festival</u> (or <u>Shabbat</u>) day with 1.9 fl. oz., or 56 ml, of bread--even if you already said <u>ha'motzi</u> and ate bread at <u>kiddush</u>.

NOTE There is no essential time limit for eating the second meal, but it must be before you get distracted (
<u>hesech da'at</u>). Otherwise, you must hear <u>kiddush</u> again and drink wine (or grape juice) or eat bread/
mezonot before eating anything.

# JEWISH FESTIVALS: ENDING

# JEWISH FESTIVALS: ENDING: WHEN THEY END

#### **Jewish Festivals: When Is**

Jewish festivals (and Shabbat) end at "dark": when three medium-sized stars are visible overhead.

NOTE When stars appear in the west (these are "large stars"), medium-sized stars should be visible overhead and the *Jewish festival* (or *Shabbat*) will be over.

# JEWISH FESTIVALS: ENDING: BEFORE HAVDALA

## Jewish Festivals: Ending: Before Havdala: Baruch HaMavdil

Say baruch ha'mavdil bein kodesh l'chol (without saying God's name!) if:

- It is already "dark" (you can see three medium-size stars--tzeit ha'kochavim), and
- You want to end the Jewish festival (and Shabbat) before saying ma'ariv's <u>amida</u> or havdala.

NOTE Saying this formula allows you to do <u>melacha</u>, but you may not eat or drink until you have said or heard *havdala*.

NOTE Men must still say the <u>amida</u> and men and women must say or hear <u>havdala</u> later even if they said <u>baruch ha'mavdil bein kodesh l'chol</u>. For how late you may say <u>havdala</u> after a <u>Jewish festival</u>, see <u>Jewish Festival Havdala</u> at Night or Next Day.

## Jewish Festivals: Ending: Before Havdala: Baruch HaMavdil and Birkat HaMazon

Saying <u>Baruch ha'mavdil bein kodesh l'chol</u> after dark at the end of a <u>Jewish festival</u> or of <u>Rosh Hashana</u> does not affect the additions you will then say in <u>birkat ha'mazon</u>.

SITUATION On a <u>Jewish festival</u> afternoon, you washed your hands, said <u>ha'motzi</u>, and started eating. It is now dark and the end of the <u>Jewish festival</u>.

WHAT TO DO You may say Baruch ha'mavdil bein kodesh l'chol and do melacha, and then

- Continue to eat your meal, or
- Say <u>birkat ha'mazon</u> INCLUDING <u>ya'aleh v'yavo</u> and <u>ha'rachaman hu yanchileinu</u> yom she'kulo tov.

## Jewish Festivals: Ending: Before Havdala: Ata Chonantanu

As on <u>Shabbat</u>, if you forgot to say <u>ata chonantanu</u> after <u>Jewish festivals</u>, you do not need to repeat the <u>amida</u>. But, if you then ate food before saying <u>havdala</u>, you must repeat the <u>amida</u> including <u>ata chonantanu</u>

# JEWISH FESTIVALS: ENDING: HAVDALA

## JEWISH FESTIVALS: ENDING: HAVDALA: WHEN TO SAY

## Jewish Festival Havdala at Night or Next Day

Say <u>Jewish festival havdala</u> at night. If this is impossible, say it the next day but only until sunset on the day after the <u>Jewish festival</u>.

# JEWISH FESTIVALS: ENDING: HAVDALA: WHO MUST SAY/HEAR

## Men and Women Must Say/Hear Havdala

The following must each hear or say havdala for themselves:

- Men and boys 13 years old and up, and
- Women and girls 12 years old and up.

NOTE As on *Shabbat*, any male Jew above 13 years old and any female Jew above 12 years old may say *Jewish festival havdala* for himself/herself and for anyone else.

NOTE A husband's or father's hearing <u>havdala</u> at <u>synagogue</u> does not cover his family's obligation to hear <u>havdala</u>. He may say <u>havdala</u> for his wife and children even if he fulfilled his personal <u>havdala</u> requirement at the <u>synagogue</u>. (Men who say <u>havdala</u> for their families normally intend not to be covered by the <u>synagogue</u>'s <u>havdala</u>).

## JEWISH FESTIVALS: ENDING: HAVDALA: WHAT TO USE

#### Jewish Festivals: Ending: Havdala: No Candle or Spices

For <u>Jewish festival havdala</u>, use only wine (or a substitute, <u>chamar medina</u>, beverage); NO candle or spices (unless the <u>Jewish festival</u> also coincided with <u>Shabbat</u>).

## Jewish Festivals: Ending: Havdala: Beverage

Wine or grape juice is the preferred beverage for <u>havdala</u>, but you may use any common beverage (<u>chamar</u> medina) that is drunk for social reasons.

## Jewish Festivals: Ending: Havdala: Filling the Cup

You must pour at least 4 fl. oz. (119 ml--a <u>revi'it</u>) of wine or other beverage into the <u>havdala</u> cup--this is <u>halacha</u>. However, to symbolize that we are blessed (<u>siman bracha</u>) with wealth, overfill the cup (non-binding custom).

NOTE Do not drink the overflow, to show that we are so rich that we do not need the spilled beverage.

NOTE Do not overfill a cup containing *shmita* wine!

## Jewish Festivals: Ending: Havdala: How Much To Drink

To fulfill the commandment of <u>havdala</u> (or <u>kiddush</u>), the person making <u>kiddush</u> must drink at least 2 fl. oz. (59 ml) within 30 seconds from the <u>kiddush</u> cup. However, drinking at least 4 fl. oz. (119 ml--a <u>revi'it</u>) from the <u>havdala</u> cup within 30 seconds allows you to say <u>bracha achrona</u>.

## Jewish Festivals: Ending: Havdala: Who Drinks the Beverage

**For men:** No one should drink the <u>havdala</u> beverage except the person saying <u>havdala</u>. This is a non-binding custom, not a <u>halacha</u>.

**For women:** This custom does NOT apply to women. Women who say *havdala* for themselves may give their *havdala* beverage to someone else to drink.

# JEWISH FESTIVALS: ENDING: HAVDALA: STANDING OR SITTING

## **Havdala Standing or Sitting**

Sitting or standing while drinking *havdala* (or *kiddush*) beverage is a non-binding custom, not a *halacha*.