## **JEWISH FESTIVALS: PAINKILLERS**

## Jewish Festivals: When You May Take a Painkiller

You may take a painkiller on the first day of Jewish festivals if the pain:

- Affects your entire body, or
- Keeps you awake.
- NOTE This also becomes the criterion for whether to take the pain killer during the daytime: if the pain you feel during the day would keep you awake if you were trying to sleep.
- NOTE You may take painkillers without any restrictions on the second <u>Jewish festival</u> day (except <u>Rosh</u> *Hashana*).

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