

# PASSOVER: FOODS AND SOAPS

## PASSOVER: FOOD ITEMS

### Cumin

Cumin is not used on *Passover* due to its similarity to kitniyot. This is a custom.

### Flour (raw)

Raw flour is suspected of being chametz and therefore may not be owned during *Passover*.

### Frozen Vegetables

Frozen vegetables, such as spinach or broccoli, may not be used on *Passover* unless certified as kosher for *Passover*.

### Matza (Oat)

There is no question that oat matza properly made and supervised according to Jewish law is kosher for eating on *Passover*.

### Matza (Unopened)

Kosher for *Passover* matza in unopened packages stays kosher for *Passover* and may be used in subsequent years.

### Quinoa

Quinoa is not chametz because it does not ferment without adding yeast and it is not one of the original Five Grains.

### Seltzer

Plain seltzer (with no additives other than water and carbon dioxide) that has been produced before *Passover* does not need kosher supervision.

If produced during *Passover*, it might need kosher supervision.

### Water (Plain)

Plain water (in the USA) never needs kosher supervision, not even for *Passover*.

### Yeast

Yeast is not normally chametz but may not be used on *Passover*.

## PASSOVER: SOAP/TOILETRIES

### Dish Soap

Dish soap made from kosher ingredients but without *Passover* supervision may still be a problem on *Passover* due to possible alcoholic ingredients.

### Chametz Soap

You may not use (including you may not ingest even tiny amounts of) soap that contains chametz on *Passover*. But since it is not fit for a dog to eat, you do not need to sell it.

### Toothbrush

You do not need a new toothbrush for *Passover* as long as it is clean.

### Toothpaste for Passover

Toothpaste does not need to be specially made kosher for *Passover*.

## Laundry Starch

You may use non-chametz starch on clothing during *Passover* but not on tablecloths, napkins, or other items that might contact food.

**REASON** The starch might be kitniyot.