PASSOVER: FOODS AND SOAPS

PASSOVER: FOOD ITEMS

Cumin

Cumin is not used on *Passover* due to its similarity to *kitniyot*. This is a custom.

Flour (raw)

Raw flour is suspected of being *chametz* and therefore may not be owned during *Passover*.

Frozen Vegetables

Frozen vegetables, such as spinach or broccoli, may not be used on *Passover* unless certified as *kosher* for *Passover*.

Matza (Oat)

There is no question that oat <u>matza</u> properly made and supervised according to Jewish law is <u>kosher</u> for eating on <u>Passover</u>.

Matza (Unopened)

Kosher for Passover matza in unopened packages stays kosher for Passover and may be used in subsequent years.

Quinoa

Quinoa is not *chametz* because it does not ferment without adding yeast and it is not one of the original *Five Grains*.

Seltzer

Plain seltzer (with no additives other than water and carbon dioxide) that has been produced before *Passover* does not need *kosher* supervision.

If produced during Passover, it might need kosher supervision.

Water (Plain)

Plain water (in the USA) never needs *kosher* supervision, not even for *Passover*.

Yeast

Yeast is not normally *chametz* but may not be used on *Passover*.

PASSOVER: SOAP/TOILETRIES

Dish Soap

Dish soap made from *kosher* ingredients but without *Passover* supervision may still be a problem on *Passover* due to possible alcoholic ingredients.

Chametz Soap

You may not use (including you may not ingest even tiny amounts of) soap that contains *chametz* on *Passover*. But since it is not fit for a dog to eat, you do not need to sell it.

Toothbrush

You do not need a new toothbrush for *Passover* as long as it is clean.

Toothpaste for Passover

Toothpaste does not need to be specially made kosher for Passover.

Laundry Starch

You may use non-*chametz* starch on clothing during *Passover* but not on tablecloths, napkins, or other items that might contact food.

REASON The starch might be *kitniyot*.

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