## PREPARATION FOR DOING MITZVOT

## Intention/Kavana

<u>Mitzvot</u> that are from the <u>Torah</u> (<u>tzitzit</u>, <u>tefilin</u>, <u>sukka</u>, etc.) require having the intention (<u>kavana</u>) to fulfill that commandment. But with many such <u>mitzvot</u>, it is inherent in doing the <u>mitzva</u> that you are doing it for the <u>mitzva</u> and therefore you do not need to have a special intention (for example, you would not put on <u>tefilin</u> to keep yourself warm).

## VaYehi Noam, L'Shem Yichud, Yehi Ratzon

You do not need to say *Va'yehi noam*, *L'Shem yichud*, or *Yehi ratzon* before doing commandments.

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