

SHABBAT: EATING BEFORE

Appetite for Shabbat Dinner

Do not eat a full meal (any bread or a lot of mezonot) after halachic midday on Friday.

REASON In order to have a special appetite for Shabbat dinner.

NOTE You may eat other food after halachic midday on Friday.

Eating before Hearing Shabbat Evening Kiddush

See Eating from Start of Shabbat until Kiddush.