

SHABBAT: EATING BEFORE

Appetite for Shabbat Dinner

Do not eat a full meal (any bread or a lot of *mezonot*) after *halachic midday* on Friday.

REASON In order to have a special appetite for *Shabbat* dinner.

NOTE You may eat other food after *halachic* midday on Friday.

Eating before Hearing Shabbat Evening Kiddush

See Eating from Start of *Shabbat* until *Kiddush*.