

# SHABBAT: FOOD HEATED BY SOLAR HEAT

## Shabbat: Cooking by Solar Heat

You may cook or reheat food on *Shabbat* using solar heat, but only if the sun's rays directly cook the food. Practically, this can probably only be done by using a magnifying glass.

**NOTE** You may even cook or reheat liquids this way on *Shabbat*.

**NOTE** You may not cook the food by having the sun's rays first heat a surface—such as heating a black backing that will absorb heat--and then transfer it to the food.