

SHEHECHEYANU: NEW FRUITS: WHEN FIRST IN SEASON

SheHecheyanu: New Fruits: When Is First in Season

Say she'hecheyanu when eating a fresh (not dried or frozen) fruit for the first time it appears in the market that season (this does not follow Rosh Hashana or any of the other Jewish “years”).

NOTE If a fruit is available year round, never say she'hecheyanu over it.