

SHEHECHEYANU: NEW FRUITS

SHEHECHEYANU: NEW FRUITS: ORDER OF BLESSINGS

Borei Pri Ha'Eitz or SheHecheyanu First

Steps for saying she'hecheyanu on a new fruit:

- Say borei pri ha'eitz first, then
- Say she'hecheyanu, then
- (Cut and) Eat it.

SHEHECHEYANU: NEW FRUITS: WHEN TO BLESS

SHEHECHEYANU: NEW FRUITS: WHEN FIRST IN SEASON

SheHecheyanu: New Fruits: When Is First in Season

Say she'hecheyanu when eating a fresh (not dried or frozen) fruit for the first time it appears in the market that season (this does not follow Rosh Hashana or any of the other Jewish “years”).

NOTE If a fruit is available year round, never say she'hecheyanu over it.

SHEHECHEYANU: NEW FRUITS: WHEN TRAVELLING

SheHecheyanu: New Fruits: Visiting Place Where Fruit Is Available Year Round

SITUATION

- You live in an area in which a fresh fruit is not available all year.
- You visit a place in which that fruit IS available all year.

WHAT TO DO You do not say she'hecheyanu when eating this fruit the new place.

SheHecheyanu: New Fruits: Visiting Place Where Fruit Is Not Available Year Round

SITUATION

- You visit a country in which a fresh fruit is not available there year round.
- You have not eaten this fruit that year (either since the fruit season began there or within the past 12 months).

WHAT TO DO You may say she'hecheyanu.

SHEHECHEYANU: NEW FRUITS: IMPORT/EXPORT

SheHecheyanu: New Fruits: Import/Export

SITUATION

A fruit is available year-round in one place.
That fruit is taken to a place where it is not available.

WHAT TO DO

You may say she'hecheyanu on the fruit in that second place.

SHEHECHEYANU: NEW FRUITS: WHICH TYPES

Varieties of Fruit for SheHecheyanu

If one type of fruit has many varieties--such as navel oranges, Valencia oranges, kumquats, grapefruit, and other citrus fruits-- say she'hecheyanu on each type if the:

- Trees have different leaves, OR
- Taste differs from one another (taste must be noticeable to an average person).

NOTE Since many fruits are often available year round, it may not be possible to ever say she'hecheyanu on those fruits.

SHEHECHEYANU: NEW FRUITS: ON WHICH FORMS TO BLESS

SheHecheyanu: Cooked Fruit

Say she'hecheyanu on cooked fruit in season if that fruit is not normally available all year. If the fruit is commonly available canned, you may not say she'hecheyanu on it at any time.

SheHecheyanu: Dried Fruit

Do not say she'hecheyanu on dried fruit.

NOTE She'hecheyanu may be said on carob while it is still chewy.

SheHecheyanu: Imported Fruit

Do not say she'hecheyanu again if:

- You already said she'hecheyanu on that type of fruit once during that year,
- The fruit then stops being available, but
- Later in the year it becomes available again as an import from another country.

SheHecheyanu: New Fruit with Juice

SITUATION

- You drink the juice of a fruit that you have not eaten for one year.
- Later, you will eat the actual fruit,

WHAT TO DO Say she'hecheyanu on the fruit (if you would normally be required to do so).

NOTE Having drunk the juice does not affect the status of the fruit's being new and in season.

NOTE You do not ever say she'hecheyanu on fruit juice!

SHEHECHEYANU: NEW FRUITS: TWO OR MORE

SheHecheyanu for Two or More Fruits

If you eat two new fruits at same sitting, say she'hecheyanu only once.

SHEHECHEYANU: NEW FRUITS: MIGHT NOT LIKE

SheHecheyanu for New Fruit You Might Not Like

SITUATION

You have a fruit on which you would like to say she'hecheyanu, but you might not like it.

WHAT TO DO

To avoid saying a pointless blessing (bracha l'vatala), you may:

- Say the blessing borei pri ha'eitz on a different fruit.

- Eat from the fruit you just blessed over.
- Taste the new fruit. If you like it—and before you have eaten all of the new fruit—
- Swallow the small piece you tasted (if you do not like it, you do not need to swallow it).
- Say *she'hecheyanu*.
- Finish eating the new fruit.

NOTE When saying she'hecheyanu on a new fruit, there is no preference for on which fruit to say borei pri ha'eitz--you may say it on the new fruit or on any other fruit.