

# SUKKA: EATING

## Sukka: Eating: What To Eat

There is no requirement to eat any food other than mezonot or bread (and some opinions say also drinking wine) in a sukka. Eating other foods in a sukka is considered to be saintly behavior (midat chasidut).

## Men: Eating Outside the Sukka

Bread: Men may not eat bread or a full meal outside the sukka during Sukkot.

Mezonot: Men may not eat more than 1.9 fl. oz. (56 ml) of mezonot (within four minutes) outside the sukka during Sukkot, but they may eat 1.8 fl. oz. or less, wait nine minutes, and then eat another quantity up to 1.8 fl. oz.

## Women: Eating Outside the Sukka

Women and girls may eat bread or mezonot outside of a sukka. They do not need to eat any meals in the sukka, but if they do, it is a mitzva and they say leisheiv ba'sukka.

## Sukka: Eating: Uncomfortable Weather

Except for first night of Sukkot (and also the second night outside of Eretz Yisrael), there is no need to be discomforted at all by rain, cold, or heat. You may eat even bread outside of the sukka without waiting to see if the conditions will become more comfortable. This includes on Shabbat.