# SUKKA: EATING

#### **Sukka: Eating: What To Eat**

There is no requirement to eat any food other than <u>mezonot</u> or bread (and some opinions say also drinking wine) in a *sukka*. Eating other foods in a *sukka* is considered to be saintly behavior (*midat chasidut*).

### Men: Eating Outside the Sukka

Bread: Men may not eat bread or a full meal outside the sukka during Sukkot.

<u>Mezonot</u>: Men may not eat more than 1.9 fl. oz. (56 ml) of <u>mezonot</u> (within four minutes) outside the <u>sukka</u> during <u>Sukkot</u>, but they may eat 1.8 fl. oz. or less, wait nine minutes, and then eat another quantity up to 1.8 fl. oz.

## **Women: Eating Outside the Sukka**

Women and girls may eat bread or *mezonot* outside of a *sukka*. They do not need to eat any meals in the *sukka*, but if they do, it is a *mitzva* and they say *leisheiv ba'sukka*.

#### **Sukka: Eating: Uncomfortable Weather**

Except for first night of <u>Sukkot</u> (and also the second night outside of <u>Eretz Yisrael</u>), there is no need to be discomforted at all by rain, cold, or heat. You may eat even bread outside of the <u>sukka</u> without waiting to see if the conditions will become more comfortable. This includes on <u>Shabbat</u>.

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