

TUM'A: TOUCHING BODY PARTS

Tum'a: Touching with Finger

If you touch something that has transferable spiritual impurity (*tum'a*) even with just one finger, that entire hand becomes impure. In some cases, such as if you touch a dead body, your entire body will become impure (*tamei*).

Tum'a: Scratching your Head

You must wash your hands (the *One-Time Method*) if you scratch your head on a place where you have hair. You do not need to wash your hands if you:

- Touch your hair
- Scratch a bald spot.
- Rub your head instead of scratching it.

REASON Scratching your head (where there is hair) causes *tum'a* because of any impurities that may be there.

NOTE Even if you have just shampooed your hair, you must still wash your hands.

Tum'a: Touching Body Parts after Saying HaMotzi

You must wash your hands again (but without a blessing) using the *One-Time Method* if you touch a normally covered area of your body or scratch your head where you have hair after you have said *ha'motzi*; but don't say *ha'motzi* again.