

# WHEN TO PRAY: SHACHARIT: L'OLAM YIHEI ADAM

## When To Say Mekadeish et Shimcha BaRabim

You may only include God's name in Baruch ata Adonai, mekadeish et shimcha ba'rabim if:

- You have not yet said the full morning shema, and
- It is still before the third halachic hour of the day.

**NOTE** If you already said the morning shema, whether on time or not, you may still return to fill in the morning blessings. When you get to l'olam yihei adam, don't include God's name in the concluding blessing. Rather, say, "Baruch ata, mekadeish et shimcha ba'rabim."

## When To Say Baruch She'Amar

After the fourth halachic hour, unless in extreme circumstances, neither men nor women may say any of the prayers from baruch she'amar through the line before the amida.

## Shacharit: Might Return To Sleep and Miss Latest Time To Say Shema

**SITUATION** You wake up after daybreak, but you might go back to sleep and thereby miss the time for saying mekadeish et shimcha ba'rabim and shema (both of which must be said by the third halachic hour of the day).

**WHAT TO DO** You should say at least the:

- Blessing on washing your hands,
- Blessings on studying Torah, including Elohai neshama and all other related sayings, and
- Complete shema--with the condition that:
  - If you sleep past the latest time for shema (sof zman kriet shema), this shema fulfills your obligation; but
  - If you do not go back to sleep, this shema does not fulfill your obligation.

Then, whether you go back to sleep or not, having made the condition allows you to say the full blessing of mekadeish et shimcha ba'rabim, including God's name, if you get to l'olam yihei adam... before the third hour of the day.

**NOTE** If you said the shema when you woke up but did not made the condition, you would not be able to say the concluding blessing mekadeish et shimcha ba'rabim with God's name when repeating the shema (but you may say it without using God's name: see [When To Say Mekadeish et Shimcha BaRabim](#)).

**NOTE** If you go back to sleep, don't repeat the blessings on washing hands and studying Torah when you wake up.