

# WOMEN: WHAT TO STUDY

## Minimum Torah Study for Women

For women and minimum requirements for Torah study, see [Introduction to Torah Study](#).

## Women: Torah or Tehillim

If a woman can either study Torah or say Tehilim (*Psalms*; recited as prayers), the priority is for her to study any halachot that she needs to observe before saying Tehilim or other prayers.

**NOTE** However, for the purposes of prayer, saying Tehilim is more important than “saying” (or reading) other parts of Tanach.

## Women: Studying Talmud

Women are not prohibited from learning Talmud, but men should not teach them.

**NOTE** Since women are not required to study Talmud, they do not make a siyum if they complete studying any part.

## Women: Blessings over Torah

Women are required to say the blessings over the Torah (*birchot haTorah*) before studying Torah or before praying.