AMIDA: ACTIONS: STANDING

Amida: Standing Up

Stand up when saying the anida. Unless you are not able to stand unaided, you may not lean on something if you would fall over if that item were removed.

Amida: Standing with Feet Together

Stand with your feet together to resemble the angels, who only have one leg, during the private <u>anida</u> and for <u>kedusha</u>.

© Copyright 2024 Richard B. Aiken | www.practicalhalacha.com