

BOREI MINEI MEZONOT: WHICH COOKING METHODS

FORE-BLESSING: COOKED DOUGH

Fore-Blessing: Cooked Dough/Pasta

Bread must be baked in order to say ha'motzi on it ; dough that was cooked by any method other than baking (such as pasta) gets the fore-blessing of borei minei mezonot.

NOTE Even if you eat enough to constitute a meal, you still say al ha'michya afterward.

FORE-BLESSING: FRIED BREAD BATTER

Fore-Blessing: French Toast

See Bread/Mezonot: Mixtures with Other Foods.

FORE-BLESSING: RAW OR COOKED GRAINS

Fore-Blessing: Raw or Cooked Grains: Porridge/Oatmeal

If oatmeal is porridge, say borei minei mezonot (after-blessing, al ha'michya).

Fore-Blessing: Raw or Cooked Grains: Rolled Oats/Muesli

If rolled oats are eaten without cooking (such as in raw muesli), say borei pri ha'adama (after-blessing, borei nefashot).

Fore-Blessing: Raw or Cooked Grains: Granola

On granola, since it is cooked (baked), say borei minei mezonot (after-blessing, al ha'michya).

Fore-Blessing: Raw or Cooked Grains: Granola Bars

On granola bars, say borei minei mezonot (after-blessing, al ha'michya).

FORE-BLESSING: CAKE BATTER

Fore-Blessing: Raw Cake Batter

Before eating raw cake batter, say she'hakol (after-blessing: borei nefashot).