BOREI PRI HAADAMA: WHICH FOODS

BOREI PRI HAADAMA: WHICH FOODS: GENERAL RULES

Borei Pri HaAdama: Which Foods: General Rules

Say *borei pri ha'adama* on:

- Common vegetables,
- Fruits and nuts that grow on annual plants (such as pineapple, bananas, strawberries, peanuts), and
- Uncooked or unbaked grains, including those not of the *Five Special Grains.*

NOTE For when to say *she'hakol*, see Borei Pri HaAdama: Sprouts .

BOREI PRI HAADAMA: WHICH FOODS: SPECIALTY FOODS

Borei Pri HaAdama: Bananas, Hearts of Palm

Say *borei pri ha'adama* if the tree from which the food grew can only be used once, such as banana trees or palm trees that get cut down after giving their produce.

Borei Pri HaAdama: Bread Croutons in Salad

For fore-blessing of bread croutons in salad, see Borei Pri HaAdama: Salads.

Borei Pri HaAdama: Salads

Say *borei pri ha'adama* on vegetable salad.

NOTE The fore-blessing of *borei pri ha'adama* also covers salad toppings and additions that by themselves require a different blessing, such as:

- *Borei pri ha'eitz* for a sprinkling of pine nuts, cashews, apple slices, or raisins, or
- *Borei minei mezonot* or *ha'motzi* for bread croutons.

REASON Since these toppings and additions are subordinate to the main salad, you do not say the individual blessings; you only say *borei pri ha'adama.*

Borei Pri HaAdama: Sprouts

Say the fore-blessing of *she'hakol* if the sprouts were grown only in water.
Say *borei pri ha'adama* if the grains were sprouted in the ground (such as sunflower sprouts or wheat grass).

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