

# BOREI PRI HA'EITZ: WHICH FOODS

## BOREI PRI HA'EITZ: ALL FRUITS

### Borei Pri Ha'Eitz: All Fruits: Perennial Fruits and Nuts

Say *borei pri ha'eitz* on fruits and nuts from perennial trees or bushes.

**NOTE** A perennial tree or bush is a plant whose trunks or stalks survive from year to year; often with bark on the trunk or stalk.

## BOREI PRI HA'EITZ: FIVE SPECIAL FRUITS

### Borei Pri Ha'Eitz: Five Special Fruits: General Rule

Say *borei pri ha'eitz* on the *Five Special Fruits* for which the Land of Israel is praised.

### Borei Pri Ha'Eitz: Five Special Fruits: Order and Preference

To eat more than one type of the *Five Special Fruits*:

- If you have a particular preference, you may eat the fruits in whichever order you prefer.
- If you have no particular preference, eat them in this order:
  - Olive
  - Date
  - Grape
  - Fig
  - Pomegranate.

### **NOTE** Order of *Five Special Fruits*

The order for eating the *Five Special Fruits* comes from *Deuteronomy/Devarim* 8:8 and follows the fruit's proximity to the two times the word “*eretz*” is used:

“*Eretz chita u's'ora v'gefen u't'eina v'rimon, eretz zayit shemen u'dvash.*”

A land of wheat and barley and grapevine and fig and pomegranate, a land of olive oil and honey.