EATING BEFORE KIDDUSH

Eating a Full Meal before Jewish Festival

See Appetite for *Jewish Festival* Dinner.

Eating from Start of Jewish Festival until Kiddush

Once the *Jewish festival* begins for you—either at sunset or before (such as if you lit *Jewish festival* candles)--you may not eat or drink before hearing *kiddush*. Women and girls may make *kiddush* soon after lighting candles.

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