

# FAST DAYS: PRAYERS

## Fast Day: Sim Shalom

Say “sim shalom” instead of “shalom rav” at mincha on a fast day, even if you are not fasting at mincha.

## Tzom Gedalia: Katveinu

On Tzom Gedalia, when saying avinu malkeinu, say "katveinu" and not "zachreinu."

## Tenth of Tevet: Friday

When Tenth of Tevet occurs on a Friday, you may not start Shabbat early in order to cut short the fast. That is, you may not eat until dark, as is normally the case.

## Aneinu

On a fast day, if you are not fasting:

- Do not say aneinu.
- Do say *Sim shalom*.

## VaYechal

If at least six of the men in a mincha minyan on a fast day are fasting, read the Torah portion Va'yechal (Exodus 32: 11-14). If fewer than six are fasting, omit it.