FORE-BLESSING (BRACHA RISHONA): IDENTIFIABLE PRODUCE

Which Fore-Blessing (Bracha Rishona) on Identifiable Produce

Say *borei pri ha'eitz* or *borei pri ha'adama* for foods made of identifiable pieces of fruit or vegetables.

NOTE Even if you know the ingredients in a prepared food--such as grated apples--you must see identifiable pieces in order to say a specific blessing (*borei pri ha'eitz*, *borei pri ha'adama*...). If no ingredients are visually identifiable, you must say *she'hakol* (or possibly *borei minei mezonot*).

EXAMPLE Say *borei pri ha'adama* on a potato *kugel* with coarsely ground potatoes; if the potatoes are pulverized, say *she'hakol.*

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