FORE-BLESSING (BRACHA RISHONA) IN VAIN (BRACHA L'VATALA)

Making a Conditional Fore-Blessing (Bracha Rishona)

To avoid making a blessing in vain (*bracha l'vatala*), you may intend a fore-blessing to cover all other foods of that category that you will eat at the same time.

NOTE You may make the condition:

- Each time you eat, or
- Once and intend it to apply to all future instances.

NOTE You then do NOT say new fore-blessings on these new same-category foods.

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