

# FORE-BLESSING (BRACHA RISHONA) IN VAIN (BRACHA L'VATALA)

## Making a Conditional Fore-Blessing (Bracha Rishona)

To avoid making a blessing in vain (*bracha l'vatala*), you may intend a fore-blessing to cover all other foods of that category that you will eat at the same time.

**NOTE** You may make the condition:

- Each time you eat, or
- Once and intend it to apply to all future instances.

**NOTE** You then do NOT say new fore-blessings on these new same-category foods.