If Doubt Whether You Said a Blessing (except for Birkat HaMazon)

If you are not sure if you said ANY blessing in ANY category, don't repeat it.

EXCEPTIONS

- Birkat ha'mazon.
- You may also include the first blessing over reading the <u>Torah</u> (<u>Asher bachar</u> banu mi'kol ha'amim.)

Even the blessing for *mezonot* is not an exception.

REASON

The only blessing commanded in the <u>Torah</u> is <u>birkat ha'mazon</u> (some say also the blessings on the <u>Torah</u>); all others are from <u>Chazal</u>.

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