

## Blessings: For Someone Else: Pleasure/Birchot Nehenin and Praise-Thanks/Shevach V'Hoda'a

You may say these blessings for someone else only if you also need to say the blessing for yourself:

- Blessings for Enjoyment (“*birchot nehenin*”—such as for food or drink), and
- Blessings of Praise and Thanks (*shevach v'hoda'a*--such as on rainbows or seeing large mountains)