Which Fore-Blessing (Bracha Rishona) on Identifiable Produce

Say <u>borei pri ha'eitz</u> or <u>borei pri ha'adama</u> for foods made of identifiable pieces of fruit or vegetables.

NOTE Even if you know the ingredients in a prepared food--such as grated apples--you must

see identifiable pieces in order to say a specific blessing (<u>borei pri ha'eitz</u>, <u>borei pri ha'adama...</u>). If no ingredients are visually identifiable, you must say <u>she'hakol</u> (or

possibly borei minei mezonot).

EXAMPLE Say borei pri ha'adama on a potato kugel with coarsely ground potatoes; if the

potatoes are pulverized, say she'hakol.

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