Fore-Blessing (Bracha Rishona) over Cholent

Cholent blessing (if the *cholent* is not eaten as part of a meal) follows the most important ingredient and is somewhat subjective to the eater.

- German *cholent* —A variety of wheat is primary; say *borei minei mezonot*.
- Hungarian *cholent*—Barley is primary; say *borei minei mezonot*.
- Polish *cholent* —Beans are primary; say *borei pri ha'adama*.
- Russian *cholent* —Potatoes are primary; say *borei pri ha'adama*.
- If meat is most important, say *she'hakol*.

NOTE You may need to say more than one blessing (*bracha rishona*) if there is no one preeminently important ingredient in a mixture of food types in one utensil, such as a casserole or *cholent*, but only if:

- You especially like more than one ingredient, and
- Both (or more than two) of the ingredients can be eaten distinctly.

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