## Fore-Blessing (Bracha Rishona) over Cholent

*Cholent* blessing (if the *cholent* is not eaten as part of a meal) follows the most important ingredient and is somewhat subjective to the eater.

- German cholent —A variety of wheat is primary; say borei minei mezonot.
- Hungarian *cholent*—Barley is primary; say *borei minei mezonot*.
- Polish *cholent* —Beans are primary; say *borei pri ha'adama*.
- Russian *cholent* —Potatoes are primary; say *borei pri ha'adama*.
- If meat is most important, say she'hakol.

NOTE You may need to say more than one blessing (<u>bracha rishona</u>) if there is no one preeminently important ingredient in a mixture of food types in one utensil, such as a casserole or *cholent*, but only if:

- You especially like more than one ingredient, and
- Both (or more than two) of the ingredients can be eaten distinctly.

© Copyright 2024 Richard B. Aiken | www.practicalhalacha.com