

# Birkat HaMazon: Eating for Mezuman

Say birkat ha'mazon as a mezuman if:

- You don't have enough men for a minyan (see above), AND
- Two men wash, said ha'motzi, and ate bread, AND
- One or more other men ate any food other than water and salt.

**NOTE** If the three men's eating overlapped in time with each other, they MAY say birkat ha'mazon with a mezuman.

If the three men began eating at the same time, they MUST say birkat ha'mazon with a mezuman.