

# On What To Say SheHecheyanu

Say she'hecheyanu on any item that you acquire through any of the following means, as long as the item gives you pleasure:

- Gifts.
- Purchases you made.
- Used items that you acquire.

**NOTE** If the item would be desirable or a luxury to other people, but it is not to you, or if it only has value to you as a useful item, do not say *she'hecheyanu*.

**NOTE** From Richard Aiken --I said *she'hecheyanu* on my scuba diving equipment and on my paragliders, the first time I used them.)